
POST OPERATIVE INSTRUCTIONS FOR PORTS / IMPLANTABLE **VENOUS ACCESS DEVICES**

- **NORMAL ACTIVITIES** MAY BE RESUMED AS TOLERATED.
- YOU MAY **SHOWER** THE DAY OF SURGERY. REMOVE THE CLEAR PLASTIC **BANDAGE** FOR PORTS 2-3 DAYS AFTER SURGERY. EXTERNAL CATHETER DRESSINGS SHOULD BE LEFT UNTIL YOUR FOLLOW-UP VISIT. A **PAPER BANDAGE** WILL OFTEN BE PLACED OVER THE INCISIONS. LEAVE THIS IN PLACE UNTIL YOUR FOLLOW-UP VISIT.
- **PAIN** SHOULD BE MINIMAL AFTER YOUR PROCEDURE. IF PAIN RELIEF IS **NOT CONTROLLED** WITH YOUR PRESCRIBED NARCOTIC PAIN PILL, NOTIFY THE OFFICE. IF NO SENSITIVITY TO **ANTI-INFLAMMATORY MEDICATIONS** NOR **ULCER** HISTORY EXISTS, **IBUPROFEN (400-600MG)** EVERY **6-8 HOURS** IS AN EXCELLENT ALTERNATIVE IN **ADDITION TO OR AS A SUBSTITUTE** TO YOUR NARCOTIC.
- A **FIRM BUMP** ON YOUR CHEST WALL IS TO BE **EXPECTED** AFTER PORT PLACEMENT. THIS IS THE ACTUAL PORT MECHANISM. A **FIRM TUBE** WILL LIKELY BE PRESENT OVERLYING YOUR **CLAVICE**. THIS IS THE CATHETER. A **SMALL KNOT** WILL LIKELY BE PRESENT AT THE BASE OF YOUR NECK. THIS WILL **DISAPPEAR** OVER THE NEXT FEW **WEEKS**.
- IF YOU EXPERIENCE **FEVERS GREATER THAN 101 DEGREES FAHRENHEIT, CHILLS**, OR ANY DRAINAGE OTHER THAN A THIN RED COLOR FLUID, PLEASE CALL THE **OFFICE AT 303.449.3642**.
- **DRIVING** MAY BE **RESUMED** WHEN **OFF** ALL **NARCOTIC** PAIN MEDICATIONS AND YOU CAN **TURN OR TWIST** YOUR BODY **WITHOUT** HESITATION. DO NOT HESITATE TO MOVE YOUR HEAD AFTER SURGERY.
- **SCHEDULE** A POST-OPERATIVE **VISIT 7-14 DAYS** AFTER SURGERY IF ONE HAS NOT BEEN ARRANGED BEFORE SURGERY. PLEASE CALL THE **OFFICE AT 303.449.3642**.