



POST OP VASECTOMY

Post Vasectomy patients, you will need to provide a specimen of semen 3 months after your procedure. Local laboratory options include Boulder Community Hospital and Avista Hospital.

Facility location and OUTPATIENT LABORATORY HOURS are as follows:

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### **Boulder Community Hospital FOOTHILLS LOCATION**

4747 Arapahoe Avenue (NE corner Foothills & Arapahoe)

Boulder, CO 80304

Phone: (720) 854-7000

**\* Specimen can NOT be dropped off at any of the BCH satellite sites....ONLY at the Foothills campus location.\***

### **Avista Hospital/Labcorp**

90 Health Park Drive, Medical Bldg #1, Suite 110

Louisville, CO 80027

Phone: (303) 673-1000

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-Collect/provide specimen approximately 3 months post vasectomy. **Condom is not acceptable. Avoid using lubricants.**

-The suggested **specimen drop off time is 20 minutes to 1 hour from collection.** You will need a specimen cup and physician order. Please contact our office if you need either of these.

Your name and date of birth must be on the specimen cup.

-It is best for the specimen to be kept at body temperature (i.e. if you are transporting the specimen, place it in-between your legs or armpit for body temperature consistency)